# American University of Central Asia Department of Psychology

# Handbook

Master of Arts Program in Applied Psychology (MAPAP)

# Revised January 2025

## **Table of Contents**

- 1. Introduction
- 2. Program Faculty, Administration and Contacts
- 3. Learning Objectives
- 4. Program Curriculum and Plan of Study
- 5. Concentrations
- 6. Minimal Grade Policy
- 7. Incomplete Policy
- 8. Transfer Credit Policy
- 9. Independent Study
- 10. Dissertation Writing Guidelines
- 11. Internship Policy
- 12. Graduate Assistantships
- 13. Exchange Program
- 14. Ethics Code of Psychologists of Kyrgyzstan
- 15. University Services

# **Appendices and Forms list:**

- 1. Plan of Study
- 2. Dissertation Formatting Template
- 3. External Dissertation Reviewer Evaluation Form
- 4. Internship Contract
- 5. Internship Hours Log
- 6. Dissertation Defense Attendance Form
- 7. Internship Site Evaluation Form Student (optional)
- 8. Internship Contract in Russian
- 9. Internship Hours Log in Russian
- 10. Graduate Assistant Agreement

# 1. **Introduction**

The Master of Arts Program in Applied Psychology at American University of Central Asia was established in 2015 with the goal of educating psychologists in the fields of mental health counseling, child and adolescent counseling and research in psychology. The Program is committed to the preparation of competent, ethical and qualified professionals and aims at training psychologists to work with diverse individuals and groups. The Program emphasizes hands-on skills in counseling and research and encourages students to integrate theory and research with their practice. Upon graduation, students are expected to have experience working with individuals, families and groups, and to conduct research in psychology and social sciences as members of research teams. MAPAP fosters in each individual student self-awareness, compassion, and the ability to think critically about mental illness, individuals, families, practice and diagnoses.

The Program has three concentrations: mental health counseling, child and adolescent counseling and research in psychology. Each concentration is developed to provide students with necessary theoretical and practical knowledge, and to orient graduates into possible career paths. Students are not required to choose a concentration and can take elective courses from each of them if they do not wish to have a concentration.

The Master of Arts Program in Applied Psychology received Ministry of Education of Kyrgyzstan accreditation until 2019. The Program was accredited by International Accreditation Agency EdNet in 2020.

# 2. Program Faculty, Administration and Contacts

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# 3. Goals and Learning Outcomes of the Program

#### Overview

The MAPAP Learning Objectives are based on the international requirements for the master programs in psychology, as well as State Educational Standards for receiving a master degree in psychology.

## **Goals of the program:**

- 1) Foster students' advanced understanding of contemporary applied psychological theory and practice methodology and the ways to apply them to facilitate the development of society.
- 2) Train students to apply advanced practical skills in psychological counseling and assessment in a variety of treatment modalities.
- 3) Foster students' advanced and wide understanding of research methods in social sciences and psychology, enabling them to conduct independent professional research and present their results in professional settings.
- 4) Train multiculturally- and diversity-oriented professionals who demonstrate ethical and professional behavior while working with diverse populations.
- 5) Form widely-applicable transferable skills to be applied in various clinical, educational and other professional settings.

<u>Goal 1:</u> Foster students' advanced understanding of contemporary applied psychological theory and practice methodology and the ways to apply them to facilitate the development of society.

## **Learning outcomes:**

- 1.1. Students can demonstrate a good understanding of advanced contemporary theories in psychology.
- 1.2. Students can effectively utilize contemporary psychological practice methodology in development and realization of psychoeducation campaigns for advancement of society.

<u>Goal 2:</u> Train students to apply advanced practical skills in psychological counseling and assessment in a variety of treatment modalities.

## **Learning outcomes:**

- 2.1. Students demonstrate effective counseling skills in a variety of treatment modalities, such as individual, group and family counseling.
- 2.2. Students are able to do an assessment of a client, which will include history, mental status, case formulation, results of used tests/inventories and treatment recommendations.

<u>Goal 3:</u> Foster students' advanced and wide understanding of research methods in social sciences and psychology, enabling them to conduct independent professional research and present their results in professional settings.

# **Learning outcomes:**

- 3.1. Students can critically evaluate contemporary research for quality and applicability to practice of psychology.
- 3.2. Students can demonstrate the ability to apply a variety of research methods via their research activities and present their results.

<u>Goal 4:</u> Train multiculturally- and diversity-oriented professionals who demonstrate ethical and professional behavior while working with diverse populations.

## **Learning outcomes:**

- 4.1. Students are able to demonstrate ability to establish counseling relationships with clients diverse in age, gender, race, ethnicity, sexual orientation, religion, ability and other dimensions.
- 4.2. Students demonstrate ethical behavior in decision-making processes in application to counseling and research.
- 6) <u>Goal 5:</u> Form widely-applicable transferable skills to be applied in various clinical, educational and other professional settings.
- 5.1. Students can design, implement and adapt psychological interventions in a variety of settings, such as educational, clinical and other.
- 5.2. Students can effectively implement teaching and supervision skills.

# 4. Program Curriculum and Plan of Study

The core academic component includes 84 credits of courses on theory of psychology, research methods in psychology and basics of counseling. For detailed course descriptions, see our website.

ANTH/PSY/SOC/CAS 542: Graduate writing thinking and learning

PSY 601: Behavioral statistics

PSY 503: Contemporary theories of personality

PY 502: Biological bases of behavior and mental disorders

PSY 600: Research team

PSY 615: Contemporary theories of counseling I

PSY 611: Assessment in psychology

PSY 603: Research methods in applied psychology

PSY 625: Abnormal psychology

PSY 511: Research and writing colloquium part I

PSY 512: Research and writing colloquium part II

PSY 610: Internship colloquium I

Internship (12 credits)

Dissertation defense (12 credits)

For by-year Plan of Study see Appendix.

## 5. Academic concentrations

The Program offers students to get a concentration in one of three areas: psychological counseling, child and adolescent counseling, and research in psychology. Completing each concentration will require 1) completion of minimum of 12 credits of elective courses (2 courses) in the given concentration, in addition to the required courses 2) completion of an internship related to a concentration in the amount of 488 hours. The dissertation topics of students can be but do not have to be related to the specifics of the chosen concentration. It is recommended that students choose their concentration during their first semester of study, through consultation with faculty and participation in Research Teams. Students receive supervision related to the concentration-related internships during the Internship Colloquium class and individually from qualified local and international supervisors. Students have an opportunity to get familiar with applied concentration-related work through Graduate Psychology Discussion Club, where local and international experts share their research and practical counseling experience. Upon graduation, students get a certificate on completion of the requirements of a particular concentration, supplemented with an official Transcript and official Internship Hours Log.

<u>Counseling Psychology</u> provides students with coursework and internship placement aimed at development and master of range of counseling skills, including core communication skills, work with diverse population, ethics in counseling, and a range of treatment modalities in counseling. Students completing this concentration <u>can pursue a career</u> in private practice, in a hospital working with psychiatric patient's population providing counseling or assessment, in a mental health

center as a psychologist or an clinical director, as a school counselor and in a range of other placements. The following electives are offered within the counseling psychology concentration:

PSY 627: Cultural diversity and ethics in counseling MAPAP 645: Contemporary theories of counseling II

MAPAP 625: Group psychotherapy

PSY 606: Family therapy

And more.

<u>Child and Adolescent Counseling</u> provides students with coursework and internship placement aimed at development and master of range of counseling skills applicable for working with adolescents and children. Upon completion of this concentration, <u>students can pursue a career</u> in a child counseling and/or crisis center, at school providing guidance and career assessment services to students and a number of other job placements. The following electives are offered within the child and adolescent counseling concentration:

PSY 615: Child and adolescent counseling

MAPAP 670: Applied Behavioral Analysis for Diverse Settings

MAPAP 540: Educational psychology and school environment

And more.

Applied Research in Psychology provides students with coursework and internship placement aimed at development and master of a range of research skills, such as research design, data collection and analysis, participation in a team research project, effective use of quantitative and qualitative methods, writing research grants and grant reports, applying to Institutional Review Board of AUCA. Upon completion of this concentration, students can pursue a career in a research center or institute, as a research assistant to a grant research project, as a teacher of research methods at the undergraduate level, and a number of other job placements. Participation in Research Team for at least 3 semesters and attendance of Graduate Psychology Discussion Club is required to this concentration. The following electives are offered within the research in psychology concentration:

ANTH/PSY/SOC 530: Qualitative methods in psychology PSY/JMC/SOC 505: Crafting discourse analysis PSY 600: Research team (4 semesters required)

And more.

# 6. Minimal Grade Policy

## 1. **Purpose**

Minimal Grade Policy is designed to monitor the success of the program students and ensure the quality of the graduates. This policy has purpose of determining the minimal acceptable grades at the master's level and the ways of preventing students' poor performance at graduate level.

## 2. <u>Minimal letter grades accepted for students of MAPAP</u>

MAPAP students are expected to not get letter grades lower that B-. The grade of B- is determined as 76% of the coursework for any class of the program. Grades lower than B- are considered not acceptable for the graduate level students at the Department for the reason of MAPAP program being highly applied and all the courses being aimed at getting important hands-on skills and knowledge critical for the career in the field.

## 3. Consequences of getting grade lower than B-

Students who get a grade lower than B- are at risk of failing the respective class. In cases when students complete at least 60% of the grade, they can ask for the grade of Incomplete from the course professor. The following grading scale determines the letter grades at MAPAP:

A	95-100%	B-	75-79%
A-	90-94%	Ι	60-74%
B+	85-89%	F	0-59%
В	80-84%		

## 4. **Procedures for maintenance of good academic standing for students**

Students at risk of getting grade lower than B- should be informed by the instructor in a timely manner about the specific problems with their performance in the course. In cases when students have completed at least 60% of the coursework (equivalent of C+) by the end of the course the students are expected to request the grade of Incomplete from a course professor in a timely manner. This procedure has the purpose of ensuring students fully completing the necessary coursework and getting necessary skills upon graduation. In case of a failure to complete the required coursework student will automatically receive an F. Receiving an F will result in automatic suspension of the student with the right to regain their status after one semester.

# 5. Procedures following multiple cases of getting lower than minimal grade.

Students who finish more than one class by means of requesting Incomplete for the reason of poor academic standing will be put on probation. After a third case of getting lower than minimal grade for any class such students will be dismissed with the right to regain their status after one semester. The procedure of status regaining will include the interview with the Program faculty.

# 6. **Incomplete Policy AUCA**

Incomplete Grade Policy for Masters' Programs of AUCA can be accessed at

https://auca.kg/en/p3699260736/

Instructors of AUCA courses at the graduate level may provide a grade of Incomplete to students at their discretion. The reasons for the Incomplete must be clearly stated by the instructor in writing along with whatever requirements the student must fulfill in order to complete the course and receive a letter grade. Incompletes at the graduate level must be completed within one academic year of being assigned; in the event a student fails to do so, he or she will receive a grade of "F" for the course. The written explanation and completion plan must be approved by the relevant department head or governing faculty body and signed by both the student and instructor. Once approved, the statement of the instructor clarifying the reason(s) for the Incomplete shall be deemed sufficient to assign this designation. Faculty of graduate level courses must in all other ways conform to the policies of the Office of the Registrar, ensuring that Incompletes are turned in by that semester's grading deadline. While meant to provide faculty of graduate courses the discretion to provide Incompletes, it is the position of the university that an Incomplete is a grade of last resort and that faculty should do everything in their power to ensure that their students complete their courses in the time provided.

# 7. Transfer Credit Policy

Transfer of credits for classes taken outside of AUCA or prior to enrollment to MAPAP will be processed by the Program Coordinator of the respective AUCA program. The student is responsible for providing the syllabi and proof of taking the courses s/he wants to transfer.

Exchange students can access needed information here:

https://auca.kg/en/exchange\_students/

# 8. Independent Study Policy at Masters' Programs of AUCA

Students who have successfully completed 60 credit hours of coursework applicable to the MA degree are permitted to take independent study courses subject to departmental approval. Each course will count six academic credits for the student and two academic credits for the faculty member. The supervision of an independent study course will count as part of the regular supervision load established by the University, i.e. two students / four semesters per academic year. Extra supervision load cannot exceed two (more) student / four (more) semesters. For extra supervision load faculty members will be paid one credit per student / semester.

The student and faculty member must design a syllabus beforehand that meets the approval of the department chair or involved program faculty and that clearly explains course assignments and how student performance will be evaluated.

Each MA program will create a course number at the 900 level for independent study. It is at the discretion of each program to determine its individual grading policies and to decide how it will categorize this course to satisfy the requirements of the Ministry of Education and Science of the Kyrgyz Republic.

# 9. **Dissertation Writing Guidelines**

# **Thesis Policy**

The Department of Psychology: Bachelor of Arts in Psychology; Master of Arts Program in Applied Psychology (MAPAP)

# I.The purpose and scope of the Thesis

Thesis is the research qualification paper which serves the purpose of demonstration of appropriate level of knowledge of theory applied research skills in psychology. Thesis project is to be conducted independently, with appropriate consultation with the thesis supervisor. Master thesis must be executed using scientific evidence-based theories and research methods acknowledged in the field of psychology and social sciences. All theses are to be executed using the present policy and guidelines and follow the expectations and formatting described in the following sections.

The skills the thesis completion demonstrates include but are not limited to the following:

- 1. Awareness and understanding of up to date research in the field
- 2. Ability to design and plan a research activity
- 3. Ability to apply chosen research methods to answer research questions
- 4. Ability to analyze the results of the research and draw reasonable conclusions from the research
- 5. Good academic writing skills

II. Key stages of thesis development

## 1. Topic presentation

The thesis topic and thesis plan are developed independently by students, in consultation with supervisor and Thesis writing course professor, or other faculty members.

Theses topics are presented to the department in May before the final year of study together with the scope of work for summer: 1) short list of references and 2) plan of work for summer. At this presentation students can get feedback and get a chance to select a supervisor. Students are expected to choose topics related to relevant fields in psychology and social sciences, and use evidence-based research and literature to support their choice.

## 2. Assignment of supervisor

Thesis Supervisors are assigned in **September of the second year.** Department makes an informed decision about supervisors' assignments taking into consideration students' and faculty interests. **Students are encouraged to contact faculty they wish to work with in advance** - before their final year of study.

## 3. Dissertation proposal

Proposal is typically a short research paper which describes what your research is going to be. **It serves simultaneously as the first draft of a future thesis** and is supposed to demonstrate good knowledge of the related literature and determine the method for the thesis. All the chapters of the Proposal should be identical to chapters of the thesis in their structure and style but can be somewhat shorter than the thesis chapters.

Proposal usually consists of the following sections, which later turn into chapters of the thesis (chapters can be in draft form):

- Introduction
- Literature review
- Method
- References
- Appendices

Dissertation proposal is to be reviewed by the dissertation supervisor before presenting. The final Proposal must be presented at the Psychology Research Symposium which takes place in October of each year. **The Proposal paper should be submitted electronically to the Department before the Symposium.** Upon proposal presentation, students can be invited to continue their work without modifications or given 14 days to make changes to their proposal and submit to their supervisor, who then reports to the Department of students compliance.

## 4. Application to Institutional Review Board (IRB)

Students who conduct research projects are required to get IRB clearance. Students prepare the IRB Application in consultation with their supervisors. The IRB Application should be submitted for the research that involves human subjects <u>prior to data collection</u>. Detailed information about IRB can be found at their web-page <a href="https://irb.auca.kg/home/main-page/">https://irb.auca.kg/home/main-page/</a>. The IRB also regularly conducts sessions to explain their role and necessary procedures.

The link to the IRB application page: https://review-irb.auca.kg/

Consider submission of the IRB application in June after your Topic and plan of work are approved, this will put you at a great advantage with your data collection and planning for the next academic year.

## 5. Mock Defense

Mock Defense is held in **Spring before the final year of study.** Students are **required to submit their Final Thesis Drafts TOGETHER WITH raw de-identified data a week before the Mock <b>Defense** to the Department. The drafts should be well-developed and consist of all chapters required for the thesis (exception can be only the Conclusion chapter).

Students are expected to prepare an **oral presentation for Mock Defense** based on their Thesis paper, in consultation with their supervisor. Mock defense progress will be evaluated by a group of faculty and will result in students' work approved or disapproved for the Thesis Defense.

**Based on the Mock Defense, the following decisions can be made:** Thesis is Approved for the Defense; Thesis is Not Approved for the Defense; Thesis is Approved with Revisions.

A 10-day notice can be given to students who get the "Approved with Revisions" decision and whose work is not fully developed although the data is collected and analyzed and significant portions of the text are in place. Upon receiving a 10-day notice, students should work on the comments received from the evaluators in consultation with their supervisor. In 10 days students submit their work to the Department again and it is evaluated by the same evaluators and the student supervisor, using the same form.

The evaluation form for the Mock Defense can be found in the Appendix.

#### 6. Final Thesis submission

The Final Thesis paper should be submitted on the April 30th of each academic year in electronic and hard copies. Thesis is submitted to the Department. Final Theses should adhere to the standards of thesis papers (see Appendix 1 for length and content requirements) and APA style to be accepted by the Department.

## 7. Thesis Defense

Thesis Defense takes place in the end of May of the final year of study. Students are expected to prepare an oral presentation in consultation with their supervisors. The following evaluation form will be used to evaluate the defense presentation.

## III. Key milestones and required deadlines

Master thesis is supposed to be completed in several stages during the course of the master program. The following is the timeline of activities related to Dissertation development and writing through the 2 years if the program:

- May of 1st year Thesis topics are developed and presented to get feedback from department
- October of 2nd year The final Thesis Proposal is presented at Social Sciences Research Symposium (electronic proposals are submitted before presenting)
- **November of 2ns year** apply for IRB approval
- (end of) March of 2nd year Final draft submitted
- April of 2nd year Mock defense presentation
- (end of) **April of 2nd year** Final thesis paper submission

## **IV. Thesis Supervision**

**Master Thesis Supervisors** must have a higher degree in psychology or related fields and be full time faculty of Psychology Department. It is the responsibility of the Department to appoint supervisors, taking in consideration the interests of students and faculty.

## The supervisor role in thesis preparation

- approves the purpose, objectives, and methodological approach of the senior thesis \*required;
- directs the student's work and makes sure that all required sections are included, written in accordance with the chosen topic and senior abstract requirements, and submitted on time;
- makes sure that the student has the necessary knowledge and skills, and helps to get access to the necessary resources, technical and financial assistance if needed;
- advises the student on theoretical, methodological, stylistic and other issues of writing abstracts and systematically provides an adequate feedback;
- recommends student's work to be accepted for final submission (on the basis of the mock defense results).

## The student role in supervision process

- is fully responsible for the timely and high-quality preparation and submission of proposal, IRB application if needed, and final paper;
- initiates the communication with the supervisor;
- identifies and collects all the necessary materials, processes and discuss it, writes the text and present the senior theses according the schedule approved by the supervisor

## The Department role in thesis preparation

- organizes the process as a whole;
- appoints supervisors;
- established appropriate deadlines and makes expectations clear for both students and supervisors;
- ensures that relevant documentation on the thesis completion complies with the requirements of higher authorities;
- ensures timely updating of documentation, storage and access to it for all interested parties.

## The timing

Every supervisee has a right to get supervisor's assistance for two hours per month, in the form of face-to-face consultations or in correspondence via email or other channels of communication. This includes reading the thesis paper and giving written feedback by the supervisor. It is forbidden to demand more hours of work from the supervisor unless discussed with the supervisor in advance.

## Change of supervisor

The student can request the Department to be switched to another supervisor by providing appropriate rationale for doing this.

The supervisor can also be changed at the initiative of the current supervisor. In particular (but not only) the reason may be the systematic failure of the student to comply with the requirements of the current supervisor.

## V. Thesis writing course/seminar

When students are starting out their thesis work, they will be required to enroll into a thesis writing seminar course (Senior Thesis Seminar I,II or Writing Colloquium for Masters students).

Seminar discussions illustrate the craft-like nature of research; tangible tips from the supervisor and other students help create a sound understanding of how to write a thesis paper. The seminars give structure to the thesis work and are useful for getting feedback from one's peers in the seminar group.

# The goals and objectives of the Thesis writing course/seminar are to:

- familiarize the students with thesis structure and style expected by the department of psychology
- familiarize the students with the present Policy on thesis and explain key points
- explain the role of the supervisor and supervision in thesis preparation
- train students in following the structure and style of the thesis paper based on department's requirements
- train students in recognizing the adequate approaches to writing and structuring thesis based on sample papers and peer-review experiences
- hold discussions on time-management, procrastination, burnout and other related psychological and behavioral issues pertinent to thesis writing
- assist the Department in collecting the thesis drafts and papers before the pre-defense
- maintain the process of checking for plagiarism and sharing these results with the Department and other faculty

## The interaction between the thesis supervisor and Thesis Writing Seminar professor

Students of psychology are encouraged to take advice from any faculty member at the Department at their discretion. However, the thesis supervisor is the key person whose opinion the student should solicit to make decisions regarding the conceptualization and design of the thesis. The faculty teaching the thesis writing seminar course helps the students to develop their thesis writing skills, prepare to present their results, work productively with the supervisor, get peer feedback and such. The faculty teaching the thesis writing seminar does not engage in advice on developing thesis design and methodology.

## VI. Submission of the final thesis to the Department

The department is the final authority that accepts, evaluates and approves the senior thesis. The supervisor does not participate in approving or grading the final thesis paper.

All theses should be submitted to the Department in electronic AND hard copy format on April 30th of any academic year, which is an AUCA-wide deadline. No extensions on this deadline will be provided. No late submissions will be accepted.

Failure to meet this deadline or failure to submit a thesis according to the requirement will result in disqualification of the thesis work. The student will be given a chance to develop their thesis by the next submission deadline, which will be set in November of the same academic year.

## Editing, proof-reading and anti-plagiarism policy

This is the student's responsibility to conduct proof-reading of the text, possibly with the support of a native speaker having capacity in academic writing in English. Student's supervisor is also responsible for working on the text of the thesis.

The anti-plagiarism policy of MAPAP is consistent with AUCA Code of Conduct. All theses will be checked for plagiarism at the final submission. In case of any amount of plagiarism the student will not be allowed to defend their work during the current academic year. Plagiarism as well as use of AI software is forbidden in thesis preparation.

The grade for the Thesis consists of the following components: 67% of the final grade is based on the written thesis (given by the first and second readers) and 33% is based on the oral presentation at defense (given by the State Committee members).

## First and second readers (reviewers)

Reviewer is selected on the basis of academic and research interests and has to be an academia-affiliated scientist with a degree in psychology or related field, or having appropriate experience in related research. In exceptional cases, additional reviewer who is a specialist in applied practice, might be contacted for a review, in addition to the main reviewer. External reviewer is supposed to review the Dissertation within two weeks.

The grade for the oral defense (33% of the final grade) is given by the State Committee collectively on the basis of the below criteria (See Appendix for the actual Evaluation Form):

- Novelty of the research topic of approach to research
- Research questions and hypotheses: clarity and coherence
- Clearly stated goals of the study
- Coherent literature review and its critical analysis
- Choice of research method and design
- Depth and coherence of data analysis
- Clearly stated conclusions and discussion of applicability
- Ethical considerations

#### VIII. Thesis defense

The final version of the Dissertation is submitted on 30<sup>th</sup> of April to the Department. **The defense** is usually scheduled at the end of May. For those who fail to defend or submit their thesis, a Defense can be postponed until November of the same year.

The State Committee consists of department faculty members and 2-3 external members who are faculty and researchers from local and international universities and are not affiliated with AUCA psychology department. The Head of the State Committee is always external to AUCA.

The Defense is open-to-public, all students, faculty, and guests can attend the Defense and ask questions on the presentation.

# Appendix 1. Dissertation structure

MAPAP program requires the format of the Dissertation that is consistent with the general writing instructions of the Department of Social Sciences and the Publication Manual of the American Psychology Association (APA). Typically, it contains the following parts:

- Title Page
   Abstract
- Z. Mostract
- 3. (Dedication/Acknowledgments)
- 4. Table of Contents
- 5. Tables
- 6. Figures
- 7. Introduction
- 8. Literature Review
- 9. Methodology
- 10. Results
- 11. Discussion (Dissertations using some qualitative methods may have a

section of *Results and Discussion* as one, this section can be named *Findings*)

- 12. Conclusion
- 13. References
- 14. Appendix/Appendices

# The following are some key Dissertation sections presented in order:

#### 1. Abstract

Your abstract page should already include the **running head**. On the first line of the abstract page, center the word "Abstract" (no bold, formatting, italics, underlining, or quotation marks). Beginning with the next line, write a concise summary of the key points of your research. (Do not indent.) Your abstract should contain at least your research topic, research questions, participants, methods, results, data analysis, and main conclusions. You may also include possible implications of your research and future work you see connected with your findings. Your abstract should be a single paragraph, double-spaced. Your abstract should be between 150 and 250 words. You may also want to list keywords from your paper in your abstract. To do this, indent as you would if you were starting a new paragraph, type *Keywords:* (italicized), and then list your keywords. Listing your keywords will help researchers find your work in databases.

## 2. Introduction

<u>Purpose</u>: Introduction states the objectives of the Dissertation, briefly summarizes the previous literature on the topic, justifies the choice of topic and outlines the research questions.

Length: 4 to 6 pages including definitions of terms list (see below).

<u>Note</u>: It is recommended to rewrite the introduction one last time when the writing is done, to ensure that it connects well with the conclusion

## Required component (these are not sections per se)s:

<u>Review of previous research:</u> Introduction starts with a brief review of most relevant previous research, to familiarize the reader with the topic.

<u>The theoretical framework</u> defines the key concepts and presents the research approach and main theory or theories. Here, theory means the viewpoint from which the topic is examined. <u>Purpose of the Study:</u> Introduction should clearly state the purpose of the study in the form of a paragraph or subsection dedicated to the purpose.

<u>Significance of the Study:</u> As part of the purpose of the study, there should be justification for conducting the project. This section should exhibit a clear understanding of what makes your study significant and why it should be conducted. This section can also contain applications of your results (how you expect your results will be used and by whom).

<u>Research Questions or Hypotheses</u>: A clear statement(s) that identifies the precise research question should be included. A brief justification of why each question or hypothesis was formulated can be included (e.g., how hypotheses are built on previous studies' findings). <u>Definitions</u>: A simple list of definitions of terms that directly pertain to this study should be provided. The list should include definitions of terms that might be unclear to the reader.

#### 3. Literature Review

<u>Purpose:</u> covering all relevant previous research on the subject, including their findings, method where relevant and identifying some gaps in the literature or possibilities for future research. The literature review builds the background and justification for conducting your study. Length: 10 to 20 pages.

<u>Use of sections</u>: The author may choose to provide materials in sections and subsection, which usually makes it easier for the reader to comprehend the flow of information. Possible sections can include the history of research on the topic (some older theories and research), different relevant views on the topic, literature on the specific variables or concepts that are studied in the dissertation.

## Required sections:

<u>Summary of previous research</u> – provides a summary of all described literature<u>Limitations of previous research</u> (can be part of Summary) – provides description of gaps in the previous research and justifies the present study research questions.

<u>Literature sources</u>: Literature review should be based on relevant academic literature. To unsure the quality of the literature you use, refer to academic literature databases (EBSCO, PsychInfo, PsychArticles, JSTOR and others). They can be accessed through AUCA Library. Psychology Department can provide access to additional databased on psychology, please talk to your supervisor.

## 4. Method

<u>Purpose:</u> The methods section is the section that should clearly present each aspect of the process by which the study will be completed. Every attempt should be made to leave no question as to the procedures used to complete the study. Proper scientific methods should be used for this aspect of the study.

Length: 8-15 pages (length depends on the method and procedure chosen)

## Required subsections:

<u>Participants</u>: This section should identify the process for selection, recruitment, and delineation of the subject pool used for your study. It also includes the description of participants – demographic characteristics and descriptive data.

<u>Instruments</u>: The instrumentation section should identify the tool(s) used for collection of data. How the instrument was acquired or created as well as reliability and validity of the instrument should be presented in this section. In case of translation of instruments, translation procedures should be described.

<u>Procedure:</u> All aspects pertaining to the entire process conducted should be described. Careful consideration should be paid to approval of methods and treatment of human or animal subjects. All treatments should be carefully described as well as notification of risks for participation. <u>Design and Analysis (not required):</u> Provide a clear description of the methods of data analyses that were used: such as statistical tests, types of qualitative data analysis etc.

#### 5. Results

<u>Purpose</u>: **Results section is used mostly in the quantitative research papers.** This section is meant to describe in detail all the results of statistical tests conducted. *In this section, avoid offering conclusions or interpretations of the results.* 

**Findings section is typically used in qualitative research** papers and theses and includes discussion and interpretation of the data. Such papers usually do not have a separate Discussion section.

<u>Length</u>: depends on the chosen method: quantitative method section is typically 3-10 pages; qualitative chapters can be up to 20 pages in some theses.

Typical subsections (relevant for quantitative papers):

<u>Preliminary analysis</u>: this section is optional, it provides some non-demographic descriptions of your participants and data not relevant to your key hypotheses or questions. <u>Testing hypotheses</u>: this sections describes in detail the results for each hypothesis you tested. You can provide subsections for each hypothesis, like Testing Hypothesis I, Testing Hypothesis II, etc.

#### 6. Discussion

<u>Purpose:</u> Discussion is meant to compare the findings of the present study with results from previous research (introduced in the literature review), highlight new key findings or findings that support previous research, discuss the limitations of the study, and suggest topics for further research. In discussion possible explanations of why some hypotheses were not supported are provided.

Length: 5-10 pages

# **Typical sections:**

<u>Main findings</u>: Discussed the key findings in the light of previous research, compares the findings of the present study with what was hypothesized, explains why some hypotheses were not supported.

<u>Limitations</u>: Discusses limitations of the study.

<u>Implications</u>: Discusses practical implications (how and by whom the results of the present study can be used).

<u>Further research</u>: Discusses the possible goals for future research, given the results of the present study.

## 6. Conclusion

<u>Purpose</u>: This section should offer specific insight to what your findings reveal through synthesis of your findings with the current knowledge in your area of study.

Length: 1-2 pages.

# 7. Appendices

<u>Purpose</u>: provide all materials, inventories and consent forms that you used. Also, you can use appendices to demonstrate longer tables, figures or pictures that cannot be included into text. <u>Sample appendices</u>: Informed Consent, Questionnaires, Interview guide, SPSS or other statistical tables, Figures.

## Thesis formatting and style

The Theses should be written according to APA style. You can consult the *Publication Manual of the American Psychological Association*, (6th ed., 2<sup>nd</sup> printing).

# For detailed information on using APA style in your writing, please visit:

- 1. Purdue OWL guide on APA style with example: <a href="https://owl.purdue.edu/owl/research\_and\_citation/apa\_style/apa\_style\_introduction.html">https://owl.purdue.edu/owl/research\_and\_citation/apa\_style/apa\_style\_introduction.html</a>
- 2. General information about APA style: https://www.apastyle.org/learn/faqs/index
- 3. Sample Paper in APA style:

https://owl.purdue.edu/owl/research and citation/apa style/apa formatting and style guide/apa sample paper.html

# 10. **Internship Policy**

# Internship Policy MAPAP General description and purpose of the internship

**Internship** is defined as a part-time or full-time supervised unpaid work in a counseling agency or center, hospital, rehabilitation center, crisis center, HR department, school, research center, special education or disabilities services agency or a similar facility.

The purpose of the Internship is to help the master-level students of psychology to obtain practical field experience in line with the student's interest/concentration and obtain enough hours of experience under professional supervision, to allow students to practice independently upon graduation.

**Activities** which will count towards internship are: providing psychological services to adults, children, families and groups, and involvement in applied research in the fields of psychology, social sciences or related fields. All internships, regardless of the student's track and interests, **should entail face-to-face work** with clients/patients/company employees/research participants or other human subjects.

Internship sites are places where students are interns. Students will be provided with a choice of internship sites to choose from at the Internship Colloquium class or before. All internship sites should be pre-approved by the Program and contracted as an internship site, including internal internship site – the Institute for Behavioral Health AUCA <a href="https://auca.kg/en/ibhar/">https://auca.kg/en/ibhar/</a>. Students can consult with the Program Director or the professor of the Internship Colloquium class to get the list of approved sites. Students are also encouraged to consult the internship page of the <a href="https://auca.kg/en/psyc\_grad\_internship/">https://auca.kg/en/psyc\_grad\_internship/</a> website for updated versions of the policies and required forms. Internships taking place at the sites which were not pre-approved should be discussed with the Program Director first.

To qualify as an internship site, an agency/center should have at least one psychologist on staff, in addition to any other staff (psychiatrists, social workers, teachers etc.). Internship sites should be able to provide supervision on site by a qualified specialist.

## Full list of expectations for graduation:

- 1. Completing the number of hours required in chosen internship concentration (see hours requirements in the following sections).
- 2. **Research teams participation (RTs).** Students of all tracks are expected to be members of research teams as a part of their internship <u>during the first year of study</u>. Participation in a research team is a mandatory graduation requirement.

The research teams will be led by department faculty and can be co-led by advanced master students in the applied research track. The research topics in the teams are determined by faculty members based on their research interests, and by master students in consultation with faculty. Students will be informed about the availability of RTs in the beginning of an academic year, students are also encouraged to check with the faculty themselves.

**Students in applied research track** are expected to be continuously enrolled into a research team throughout two years of study (total at least 12 credits of Research Team work).

Students are free to choose any research team offered by any professor at the Department, based on their research interests. The lists of the RTs will be provided in the beginning of each semester. Please ask your supervisors and the Program Director about available RTs.

- 3. **Master dissertation defense attendance.** Students are expected to attend at least one master-level dissertation defense (or mock defense) in social sciences or psychology prior to their own defense. Students are expected to report to the Program Director and/or Internship Colloquium faculty of their attendance of defense.
- 4. **Presentation at Research and Internship Symposiums.** Students are required to present their work at the Research Symposium in November each year (for research teams members and students of the Applied Research Track) and the Internship Symposium in February each year (for Internship projects other than research). The dates and requirements for presentations will be provided by relevant faculty and the Program Director.

# By-concentration internship expectations:

**Students of the Counseling concentration** are expected to do an internship in a counseling center, psychiatric hospital, school, assessment/testing center or hospital unit, or any other agency that provides counseling or psychotherapy services. The primary goal of Internship in this track is practicing providing face-to-face individual and/or group counseling to adults, children or families.

Upon completion of internship in the counseling track, students are expected to:

- effectively apply the basic skills of counseling in practice
- know and apply contemporary theories in counseling and psychotherapy
- be comfortable using key assessment instruments (cognitive, personality, vocational) in psychological practice and make recommendation based on them
- be comfortable with the process of assessment and diagnosis
- effectively collect collateral information regarding their clients and use it in treatment
- demonstrate advanced skills of case conceptualization
- use supervision experience effectively
- be comfortable serving as supervisors for other psychologists-in-training

# Student of Children and Adolescent Counseling concentration are expected to do their internship in a counseling center, or school and can work with individuals or conduct groups.

Upon completion of internship in the counseling track, students are expected to:

- effectively apply the basic skills of counseling in practice with children or adolescent of their choice
- know and apply contemporary theories in counseling and psychotherapy
- be comfortable using key assessment instruments (cognitive, personality, vocational) in psychological practice and make recommendation based on them
- be comfortable with the process of assessment and diagnosis
- effectively collect collateral information regarding their clients and use it in treatment
- demonstrate advanced skills of case conceptualization
- use supervision effectively
- be comfortable serving as supervisors for other psychologists-in-training

Students of Applied Research concentration are expected to do their internship in an applied research center/laboratory/team inside or outside of AUCA as a research assistant. Students in this track are supposed to actively participate in research teams at the Department and complete 4 Research Teams (minimum of 12 credits) during their study, take leading roles in research teams in offering research topics and conducting research, and demonstrate their knowledge and skills through completion of their master's dissertation.

Upon completion of internship in Applied Research track, students are expected to:

- demonstrate good knowledge of quantitative and qualitative methods in psychology and social sciences
- demonstrate advanced skills in planning and conducting research in psychology and social sciences
- demonstrate advanced supervision skills while working with research assistants and other staff
- demonstrate knowledge of ethics in applied research and use ethics principles in managing research data collection
- be familiar with methodology adapted in other social sciences fields and be an informed user of research in related fields (social work, nursing, sociology, anthropology)
- know and use basic counseling skills in their work with research participants

# **Supervision**

Students of all tracks are required to work under **supervision**. The key components of supervision are participation in the Internship Colloquium course and working with individual supervisors. **Individual supervisors should be provided by the internship site, or will be provided by the Program.** 

Internship Colloquium course (PSY 610). The Internship Colloquium course will be offered to students engaged in internship practice during their second years of study. The purpose of the course is to create a platform for interns in all tracks to share their experience during their internship and also will provide didactic instruction on issues relevant to practice in psychology, including career choices in psychology, ethics, multicultural competence in psychological practice and research, standards of care in psychology, self-care for psychologists, supervision and other.

On-site (external) supervisor. An on-site supervisor, or external supervisor, is a person who works full-time or part-time at the chosen internship site and provides direct supervision to student, in the minimum of 1 hour a week (either face-to-face or distantly). It is recommended that external supervisor is a certified psychologist (with a diploma in counseling, clinical, organizational psychology, or research methods in behavioral or social sciences). In case when the psychologist on staff is not available to supervise the student, external supervisor can be a social worker or a psychiatrist by training, in which case the supervision dyad is to be approved by the internal supervisor. The external supervisor is responsible for providing the intern with an appropriate workload, providing necessary additional didactic training/information to the intern and providing mid-semester and final evaluation of the work of the intern.

## **Hours requirements**

Students are expected to complete a <u>total of 500 hours</u> of internship <u>during the period of at least 11</u> months.

The following distribution of activities is expected to be completed in total for Internship (based on 11 months of internship practice):

**Direct hours** (face-to-face work with clients/patients/research participants/shadowing professional psychologists or psychiatrists) – minimum 200 hours

Direct hours *can* include optionally (for counseling tracks):

**Assessment hours** – up to 20 hours

**Shadowing other specialists** – up to 20 hours

**Individual supervision** –20 hours minimum

**Group supervision** –40 hours (Internship Colloquium course can be counted towards group supervision)

**Professional meetings**, collateral work, documentation, research on site, preparation and other responsibilities –240

So, interns are expected to be engaged in direct field experience for about 5-6 hours a week and the rest of 5-6 hours should be counted towards the preparation and supervision.

<u>Direct hours</u> are defined as any face-to-face work with individuals, groups, couples/families, company personnel, research or other, independently or under live supervision (with the supervisor in the room). Direct hours of work are characterized by direct involvement of the trainee in the care for the clients, such as providing individual, family, couples or group psychotherapy, leading or coleading vocational or career guidance groups, providing consultations to individuals of families, conducting job interviews of consultations, conducting research interviews or focus groups, or other. Direct hours can include observation of work of advanced psychologists (but no more than 10 hours total) and phone communication with clients or other providers.

**Multiple tracks.** Students of MAPAP are allowed to do more than one track. To do this, they are expected to successfully fulfill all the academic requirements of the AUCA, all the classes requirements of each track (see your program of study and checklist) and internship requirements for all chosen tracks (for example, to complete 2 tracks, students are expected to complete  $500 \times 2 = 1000$  hours total, only some preparation hours can be counted twice).

# **Contacting internship sites**

Students are required to consult with the Program Director or the professor of Internship Colloquium about their choice of the internship site.

All internship placements will be contracted in advance by signing a Memorandum of Understanding between AUCA and the internship site. The Program is responsible for keeping the database of active internship sites and for maintaining relationships with them. Upon completion of the internship, the Program has a right to contact the internship site to inquire about the work of the student. All internship sites which are part of the Program database will be presented to the students at the beginning of their internship.

In cases when students choose an internship site not contracted before, a student is to consult with the Colloquium professor or the Program Director first.

# 11. Graduate Assistantship Policy

## 1. **Purpose**

Graduate Assistantship (GA) is to provide graduate students with an opportunity to enhance their graduate learning experience complementary to other aspects of their education in the field.

GA additionally serves as a means for students to obtain a tuition waiver from the Department of Psychology.

*Graduate assistants* are students of MAPAP who closely work with designated faculty and assist the faculty with teaching or research responsibilities, or conducting special projects within the University or Department. Under the GA designation, students receive assignments that require advanced academic and research skills. GA benefits professional development of the students, their research and pedagogical competencies, and academic and organizational collaboration skills.

## 2. **Graduate Assistantship Requirements and Load**

Graduate Teaching Assistant (GTA) and Graduate Research Assistant (GRA) are two major appointments of Graduate Assistantship at the Division of Social Sciences of AUCA. It is required for GTA and GRA to know AUCA academic regulations, policies, deadlines, department's internal regulations, and procedures or other AUCA offices.

Graduate Teaching Assistants (GTAs) may be assigned as classroom co-teachers, classroom assistants, lab assistants, or other positions directly related to classroom instruction. GTAs may assist in developing and grading course assignments, quizzes and exams. GTAs should be supervised by at least one faculty member experienced in the discipline. GTAs may be assigned to teach or assist an undergraduate course only. They may not assist in teaching a graduate course or undertake any responsibilities related to graduate level teaching.

**Graduate Research Assistants (GRAs)** may assist professors with research activities and participate in research projects of university institutes and centers. GRAs assist in developing research and evaluation surveys, collecting data, data analysis, data presentation, and/or writing draft research reports. It is required that all GRAs complete an Institutional Review Board (IRB) qualification exam prior to beginning their research duties. GRAs should be supervised by at least one faculty member experienced in the field of study.

**Graduate Research Assistants for Special Projects** may be asked to assist designated faculty with one or several projects related to various responsibilities at the Department or at the level of the University. Special projects that students may be asked to serve at can include but are not limited to: development of recruitment materials, organization of departmental academic events, developing departmental website or other promotion materials, and other.

## 3. Workload

The academic load of a GA student should not exceed 4 hours a week. Students may compensate working less hours on one week with working more hours during other weeks, upon discussion with the designated faculty. Students report directly to the Program Coordinator on the hours of GA responsibilities completed each week.

# 4. Eligibility

To receive an assistantship, the graduate student must meet the following eligibility requirements:

- Hold status of "active full-time student" of graduate program of the Division
- Maintain an overall grade point average (GPA) of 3.0

## 5. **Appointments**

Students eligible for a GA position are appointed to work with MAPAP faculty members, based on the number of GA positions for each faculty.

# 6. Tuition Waiver for Graduate Assistants

GA students are offered partial tuition waivers in the amount of up to 20%. No additional monetary compensation is provided.

See Appendix for GA Agreement.

The GA positions might be offered in the amount of full, half and quarter position with 4, 2 or 1 hour of workload a week respectively.

# 7. <u>Termination of Appointments</u>

An assistantship appointment may be terminated by the student or the Program during the term of appointment. The reasons for termination may be but not limited to inability to maintain good academic standing, poor assistantship performance, and unsatisfactory service. The assistant must be provided with written notice and an opportunity to respond to the department head or the dean prior to termination.

Upon termination of the appointment by the faculty, the program is required to provide the student with a respective GA position with another faculty.

Termination of the appointment may result in changes in tuition to be paid by the student.

# 12. Exchange Programs

1. Graduate School of Social Sciences, University of Wuppertal, Germany

https://www.uni-wuppertal.de/en/study-international/degree-programs/



2. Department of Counseling and School Psychology, University of Massachusetts, Boston <a href="https://www.umb.edu/academics/cehd/counseling">https://www.umb.edu/academics/cehd/counseling</a>



# 13. Ethics in Psychology

For English version of Code Ethics please refer for American Psychological Association Code of Conduct. https://www.apa.org/ethics/code/

The following is the Ethics Code for Psychologists of Kyrgyzstan in Russian.

## Этический Кодекс психологов Кыргызстана

Идея разработки данного этического кодекса была озвучена в 2005 году сотрудниками кафедры «Психология» Американского Университета в Центральной Азии. Концепция этого документа носила интегративный характер и была направлена на объединение сообщества психологов Кыргызстана для обсуждения этических аспектов преподавания, проведения научных и прикладных исследований и ведения психологической практики. Концепция была сформулирована и обсуждена с международным экспертом Шэрон Хорн, доктором психологических наук, профессором Университета Массачусетс, США. В результате был план разработки этического кодекса психологов Кыргызстана представлен профессорско-преподавательского сотрудничестве С представителями университетов Кыргызстана, практикующими психологами, аспирантами и студентами. Представленный текст является продуктом работы рабочей группы психологовпреподавателей и практиков, и не является официально принятым документов для организации действий психологов в Кыргызстане.

## СОДЕРЖАНИЕ

Преамбула:
Введение
Области применения
Основные понятия

Общие этические принципы деятельности психолога:

Принцип 1: Уважение прав человека Принцип 2: Конфиденциальность

Принцип 3: Профессионализм и компетентность

Принцип 4: Ответственность

Принцип 5: Честность

## Преамбула

#### Ввеление

Настоящий Этический Кодекс Психологов Кыргызстана (далее Кодекс) имеет своей главной целью установление основополагающих прав и обязанностей, вытекающих из особенностей профессиональной деятельности психолога. Кодекс должен служить специалистам практическим руководством при разрешении проблемных и конфликтных ситуаций, возникающих в процессе профессиональной деятельности психологов. Кодекс направлен на предоставление психологу специфических моделей поведения в тех или иных ситуациях, связанных с профессиональной деятельностью психолога. Кодекс призван оградить общество от бесконтрольного и неквалифицированного использования психологических

знаний, защитить психологов и психологию от дискредитации. Кодекс составлен в соответствии с действующим законодательством Кыргызской Республики (далее КР), а так же в соответствии с Конвенцией Сотрудничества Независимых Государств о правах и основных свободах человека.

Этические принципы кодекса призваны обеспечить:

А: решение профессиональных задач в соответствии с этическими нормами;

**Б:** защиту законных прав людей, с которыми психологи вступают в профессиональное взаимодействие: обучающихся, воспитанников, студентов, клиентов, педагогов, супервизоров, участников исследований и др. лиц, с которыми работает психолог;

В: сохранение доверия между психологом и клиентом;

**Г:** укрепление авторитета психологов-консультантов, тренеров, исследователей и других представителей психологического сообщества среди населения КР.

## Области применения

Этический Кодекс распространяется на все профессиональные виды деятельности психолога. К ним относятся клиническая и консультативная психологическая практика, диагностика, обучение, тренинг и супервизорство, создание тестовых и измерительных методик, обучающее консультирование, организационное консультирование, проведение социальных вмешательств и другая подобная деятельность.

Этические нормы устанавливают обязательные правила профессиональной психологической деятельности психолога. Этические нормы не исчерпывают всех ситуаций профессиональной деятельности психолога.

Условия соблюдения Кодекса могут быть включены в текст трудового договора с психологом. Соответствие деятельности психолога положениям Кодекса является необходимым условием при аттестации специалиста. В ходе аттестации факты грубого нарушения Этического кодекса могут быть квалифицированы как несоответствие занимаемой должности, и могут повлечь за собой меры, предусмотренные трудовым законодательством. Для решения спорных этических вопросов создается этическая комиссия, состав которой полностью определяется профессиональной организации Кыргызстана. В своей профессиональной деятельности психологии должны учитывать имплицитные и эксплицитные правила, действующие в том социальном окружении, где они работают, рассматривая их как элементы существующей ситуации и оценивая последствия соблюдения или отклонения от них для профессиональной деятельности психологов.

В процессе принятия решения касающегося профессионального поведения, психолог должен учитывать данный Этический Кодекс как свод правил, основанный и дополняющий существующее законодательство КР.

Психологи могут отвергнуть любой вид ограничений или помех своей профессиональной независимости и законному осуществлению своих профессиональных функций в соответствии с правами и обязанностями, устанавливаемыми настоящим кодексом.

## Основные понятия

- 1. Наименование «психолог» может быть принято лицом, имеющим университетское образование по специальности «психология», а также лицами, которым в установленном порядке присвоены ученые степени кандидата наук по отраслям и специальностям психологической науки.
- 2. Под психологическим консультированием понимается оказание профессиональной психологической помощи и поддержки человеку (семье) посредством организации такого взаимодействия консультанта и клиента, построенного на базе научно-обоснованных концептуальных и процессуальных моделях, при котором происходит трансформация страдания клиента в усиление его способности к развитию и осознанному выбору.
- 3. Психологическая поддержка система социально-психологических способов и методов, способствующих социально-профессиональному самоопределению личности в ходе формирования ее способностей, ценностных ориентаций и самосознания, повышению ее конкурентоспособности на рынке труда и адаптированности к условиям реализации собственной профессиональной карьеры. Психологическая поддержка осуществляется путем оптимизации психологического состояния человека как следствие полного разрешения или снижения актуальности психологических проблем, препятствующих трудовой, профессиональной, социальной самореализации на каждом из этапов жизни отдельного человека, малых групп, коллективов, формальных и неформальных объединений людей.

Основные методы психологической поддержки включают:

- а) психологическое просвещение;
- б) психологическое и психотерапевтическое консультирование;
- в) психологическая диагностика;
- г) психологический тренинг;
- д) психологическая коррекция;

## Общие этические принципы деятельности психолога

## 1. Принцип: Уважение прав человека

## 1.1. Уважение и принятие личности клиента, его прав и достоинств

В своей профессиональной деятельности психолог с уважением относится к правам других людей на установки, мнения, моральные нормы и т.п. Психолог не имеет права осуществлять действия, которые могут оскорбить или унизить честь и достоинство клиентов (Национальная программа Кыргызской Республики "Права человека" на период 2002-2010 годы).

## 1.2. Забота о благополучии клиента

Во время консультирования, проведения исследований, тренингов и др. психолог заботится о благополучии клиентов и делает все возможное, чтобы предотвратить или уменьшить неблагоприятные последствия от своей профессиональной деятельности.

## 1.3. Запрет на манипуляцию, принуждение и давление со стороны психолога

1.3.1. Психолог не принимает подарков и услуг от клиентов взамен на оказанную им помощь, поскольку такая практика является серьезным источником конфликтов, и провоцирует эксплуатацию и девальвацию профессиональных отношений.

- 1.3.2. Психолог не имеет право оказывать на клиентов/респондентов давление любого вида и пользоваться служебным положением для оказания подобного давления. Любой человек имеет право отказаться от участия в психологическом обследовании или исследовании.
- 1.3.3. Психолог не имеет право принуждать клиентов/респондентов к обследованию/участию в исследовании, скрываю или искажая информацию о целях и методах обследования/исследования. Психолог обязан предоставить информацию об обследовании/исследовании в том объеме, в котором информация не повлияет на результаты обследования/исследования и заручиться информированным согласием клиентов/респондентов.

## 1.4. Запрет на дискриминацию

В своей профессиональной деятельности психолог следует принципам Декларации Прав Человека и избегает дискриминации на основе возраста, пола, национальности, вероисповедания, сексуальной ориентации, или иного признака, оговоренного в Декларации Прав Человека и в Конституции КР.

## 1.5. Конфиденциальность (см. принцип 2 Кодекса)

Конфиденциальность подразумевает защиту частной жизни клиента и любой информации, сообщаемой им психологу. Обязанность каждого психолога - использовать информацию о клиенте только в интересах самого клиента. Любая сообщаемая клиентом информация не может стать известной третьему лицу, за исключением случаев, прописанных в законодательстве КР.

## 1.6. Запрет на злоупотребление служебным положением

Права и обязанности психолога при работе с клиентами основываются на принципе профессиональной автономии и не зависят от решений профессионалов более высокого ранга и администрации. Психолог осознанно берет на себя ответственность за все свои профессиональные действия и решения. При принятии профессиональных решений психолог руководствуется исключительно профессиональными знаниями и этическими принципами, и не использует собственное служебное положение для осуществления манипуляции или давления на клиентов/студентов/респондентов.

## 1.7. Запрет на вступление в близкие взаимоотношения с клиентом

Психологи должны избегать внепрофессиональных контактов с клиентами. Если же в силу обстоятельств психолог не может избежать внепрофессиональных отношений, то психолог обязан прекратить работу с данным клиентом и перенаправить его(ее) к другому соответствующему специалисту.

#### 1.8. Объективность

Психологи осуществляют диагностику и вмешательство только в рамках, определенных профессиональными отношениями. Психологические отчеты и рекомендации строятся только на информации, полученной посредством валидного, стандартизированного, квалифицированного психологического инструментария и профессионального не предвзятого наблюдения и должны быть объективными.

## 1.9. Обязательное обсуждение результатов обследования/исследования

Результаты обследования и проведенного исследования должны быть объяснены клиентам на доступном им языке, не зависимо от того, кем и как проводилось

обследование/исследование — психологом, ассистентом или в автоматическом режиме. При обсуждении результатов должны учитываться такие характеристики как возраст, образования, язык общения респондентов/клиентов и т.п.

Данные о целях и результатах обследования/исследования должны сообщаться в той форме и объеме, в которых они не повлияют на результаты текущего обследования/исследования, но в то же время будут понятными и достаточными для информирования клиента/респондента.

## 2. Принцип: Конфиденциальность

# 2.1. Соблюдение тайны психологического консультирования

- 2.1.1. Психологической тайной считается информация любого рода, связанная с частной жизнью клиента, касающаяся религиозных, политических и других убеждений, расовой, национальной и другой принадлежности, сексуальных и других предпочтений клиента, а также с родом занятий, историей психологического расстройства (при его наличии) или специфических проблем, с которыми клиент обратился к психологу.
- 2.1.2. Психолог должен обсудить с клиентом/респондентом необходимость соблюдения психологической тайны и информирует клиента о том, что любая информация, полученная психологом от клиента/респондента не будет разглашена без его(ее) согласия. Обсуждение конфиденциальности как обязательного условия работы должно проходить на самых ранних этапах взаимодействия с клиентом/респондентом.

## 2.2. Хранение информации о клиенте

- 2.2.1. Информация о клиенте/респонденте не должна быть доступна никому кроме психолога, работающего непосредственно с данной информацией. Ответственность за недоступность данных о клиентах/респондентах целиком лежит на психологе.
- 2.2.2. Психологу следует минимизировать любую информацию, содержащуюся в отчетах или записях сессий в любой форме. Любая информация, позволяющая идентифицировать клиента/респондента (имя, место работы и т.п.), должна быть закодирована. Психологу следует кодировать любую информацию, поступающую от клиента/респондента для повышения степени защиты этой информации и повышения конфиденциальности процесса работы с клиентом.
- 2.2.3. Психолог может использовать конфиденциальную информацию о клиенте/респонденте только в случаях, предусмотренных законодательством КР, а также, если это направлено на защиту клиента/респондента или на защиту прав третьих лиц.

# 2.3. Публикация данных, содержащих информацию о клиенте/респонденте

- 2.3.1. При использовании конфиденциальной информации о клиенте/респонденте в научных публикациях, лекциях и научных выступлениях, в ходе которых возможна идентификация клиента/респондента, психолог обязан получить письменное разрешение от клиента/респондента об использовании данной информации. При использовании информации о клиенте/респонденте, психологу необходимо предоставлять ссылку на тот факт, что данная информация была использована с согласия клиента/респондента.
- 2.3.2. Психолог имеет право обсуждать конфиденциальную информацию о клиенте/респонденте с коллегами во время профессионального общения или с целью получения консультации коллег, при этом изменяя или не предоставляя информацию о личности и частной жизни во избежание идентификации клиента, и предоставляя информацию только в объеме необходимом для получения профессионального совета.

## 3. Принцип: Профессионализм и компетентность

## 3.1. Необходимый уровень образования

Психологом может именоваться специалист, имеющий профессиональное теоретическое университетское образование по специальности «психология», предусмотренное стандартами образования КР, а также лицо, которому в установленном порядке присвоена ученая степень кандидата наук по отраслям и специальностям психологической науки.

## 3.2. Оценка собственных профессиональных возможностей

Психологу необходимо осознавать уровень собственных профессиональных возможностей, соотносить уровень своих знаний и возможностей с профессиональными требованиями в каждой конкретной ситуации и ответственно подходить к выбору методов работы.

Психологу необходимо осознавать ответственность при работе со случаями, которые не входят в круг его (ее) компетентности, и отказываться от вмешательства в подобных ситуациях. Если запрос клиента находится вне компетенции психолога, то он обязан перенаправить клиента к специалисту, компетентному в этой области. (см. пункт 5.03)

# 3.3. Профессиональная организация и взаимодействие специалистов $^{l}$ .

Профессиональная организация психологов должна иметь своими целями следующее:

- способствование обмену опытом между специалистами
- регламентация деятельности психологов
- формирование корпоративного духа сообщества
- осуществление связи с общественностью
- проведение информационно-просветительской работы
- проведение работы над профилактикой выгорания
- способствование повышению квалификации членов сообщества

Профессиональное общение между специалистами-психологами следует считать одним из основных средств повышения профессиональных навыков и улучшения качества предоставляемых услуг. Одной из основных задач профессиональной организации должно являться регулирование стандартов психологического образования в КР и сертификация специалистов-психологов. Одной из основных целей создания профессиональной организации является поддержание связи с общественностью, ведение информационно-просветительской работы, а также пропаганда и обеспечение открытости и прозрачности в работе и разработках психологов.

## 3.4. Знание этического кодекса

Данный Кодекс является документом, с которым должен быть ознакомлен каждый психолог. Знание Кодекса является необходимым условием для теоретической подготовки и осуществления профессиональной деятельности психолога. Помимо Кодекса, психолог

<sup>&</sup>lt;sup>1</sup>Предполагается, что психологами должна быть создана профессиональная ассоциация как регламентирующий и регулирующий орган. Данный орган будет создан на основе принципов, изложенных в кодексе. Данная ассоциация будет иметь право сертифицировать деятельность психологов в КР. Планируется, что сертификат, выдаваемый данной ассоциацией, будет являться документом, необходимым для осуществления профессиональной деятельности психолога. Условием для получения сертификата должно быть прохождение экзамена на профессиональную пригодность, который должен проводиться в рамках деятельности ассоциации.

должен быть ознакомлен с другими положениями, затрагивающими этические вопросы, и представлять применимость этих норм к своей работе.

Незнание, непонимание или заблуждение относительно этических норм не может быть оправданием неэтичного поведения.

## 4. Принцип: Ответственность

## 4.1. Ответственность за решения, результаты работы и возможные последствия

- 4.1.1. В своей профессиональной деятельности психолог руководствуется своими знаниями и опытом, на основе которых он(а) самостоятельно принимает решение и лично несет за него ответственность. При принятии решения об оказании психологической помощи психолог несет ответственность за последствия выбранного и использованного им вмешательства.
- 4.1.2. При возникновении сомнительный и спорных ситуаций при консультировании, психолог обязан проконсультироваться с экспертом в соответствующей области и объективно рассмотреть полученные рекомендации. В том случае, если специализация психолога не позволяет считать его компетентным для консультирования в конкретном случае, психолог обязан перенаправить клиента к компетентному эксперту.
- 4.1.3. Психологи должны отказаться от вмешательства, если они уверены, что их помощь будет использована во вред или против законных интересов индивидов. В любой сфере своей деятельности психолог прежде всего заботится о благополучии клиента и не использует результаты работы ему во вред.

## 4.2. Информированность клиента/респондента

Психолог обязан предоставить на первых этапах взаимодействия с клиентом/респондентом полную информацию относительно целей и форм взаимодействия, размера оплаты, использования полученной от клиента информации и степени её конфиденциальности, возможности неэффективности вмешательства и возможных последствиях работы. Во избежание конфликтных ситуаций, психологу рекомендуется ответить на все вопросы клиентов о предстоящем консультировании на самых ранних стадиях работы.

## 4.3. Ответственность клиента/респондента

До начала консультационной работы, психолог обязан информировать клиента/респондента об ответственности за достоверность и корректность любой информации, предоставляемой психологу во время психологического консультирования. Психолог не несет ответственности за результаты консультирования при условии предоставления клиентом/респондентом недостоверной информации, в случае если эта информация является ключевой для проведения консультирования.

## 4.4. Добровольное согласие

- 4.4.1. Перед проведением обследования, консультаций или исследования психологу необходимо получить осознанное согласие от клиента/респондента. Информированное согласие означает, что клиент/респондент, являясь дееспособным, получил исчерпывающую информацию относительно всех процедур, используемых в ходе обследования/консультирования/исследования и дал(а) свое согласие на их проведение без давления или уговоров со стороны психолога/исследователя.
- 4.4.2. Соглашение между психологом и клиентом, подтверждающее добровольное согласие клиента/респондента, должно быть оформлено в соответствии с требованиями,

установленными в профессиональном сообществе, при этом вся информация должна быть изложена с использованием понятных для клиента терминов и понятий. Психолог должен вести учет того, когда, как и от кого было получено согласие.

4.4.3. В тех случаях, когда клиент/респондент не может дать информированное согласие, психологи обязаны получить разрешение от тех, кто в соответствии с законом несет ответственность за клиента, в соответствии с пунктами 4.2 и 4.4 данного Кодекса. Дополнительно, психологи-консультанты информируют недееспособных клиентов о проводимых вмешательствах, сообразуясь с их психическим состоянием и особенностями, а также стараются получить их одобрение и учитывают личностные пристрастия и интересы.

# 4.5. Ответственность перед организациями, контролирующими деятельность психолога

Психолог знает о своей профессиональной и научной ответственности перед обществом, перед организациями, в которых он(а) работает и перед профессиональным сообществом. Психолог поддерживает профессиональные стандарты поведения и участвует в рассмотрении случаев поведения, не соответствующих этическим стандартам. Психологу не безразлично соответствие научного и профессионального поведения коллег этическим нормам.

# 4.6. Ответственность за распространение тестов и других профессиональных материалов

Психолог отвечает за определение круга специалистов, которым могут быть представлены материалы по использованию методик. Доступ к психологическим методикам должен ограничиваться людьми, чьи профессиональные интересы гарантируют профессиональное использование методик, и чья квалификация позволяет интерпретировать полученные результаты.

# 4.7. Проведение исследований

- 4.7.1. Решение психолога осуществить исследовательский проект предполагает его ответственность за предвидимые научные и социальные последствия, включая воздействие на лиц, группы и организации, участвующие или непосредственно затронутые исследованием, а также непрямой эффект, как, например, влияние научной психологии на общественное мнение и на развитие представлений о социальных ценностях.
- 4.7.2. Психолог планирует и проводит исследования в соответствие с действующим законодательством и профессиональными требованиями к проведению психологической деятельности.

## 4.8. Регламентация взаимоотношений с другими специалистами

Работа психолога базируется на обязанности проявлять уважение к другим профессионалам, особенно в областях, близко соприкасающихся в своей деятельности с психологией.

Когда интересы психологического обследования или вмешательства требуют тесного сотрудничества с профессионалами из других областей, психологи должны обеспечивать и поддерживать соответствующее взаимодействие.

## 5. Принцип: Честность

#### 5.1. Использование власти и давления

Психолог не должен использовать власть или превосходство по отношению к клиенту, которое дает профессия, для извлечения прибыли или получения преимуществ как для себя, так и для третьих лиц (см. пункт 1.6.)

## 5.2. Манипуляция

Психолог не должен применять манипуляцию по отношению к клиенту/респонденту. (доп. описание см. в принципе 1, пункт 4)

#### 5.3. Отказ от вмешательства

Психологи должны отказаться от вмешательств, если:

- **а)** их помощь будет использоваться во вред интересам клиента (доп. описание см. в принципе 1, пункт 2; а также принцип 4, пункт 1)
- б) их услуги требуются для рекламной или коммерческой кампании

В случае, когда услуги психолога требуются для рекламной или коммерческой компании, он должен сотрудничать только с целью обеспечения правдивости информации и охраны интересов индивидов.

Клинические психологи находятся под запретом организовывать рекламу себе или какомулибо определенному методу лечения. Им также запрещается публиковать обещания возврата денег в случае неуспеха лечения.

в) уровень компетентности не позволяет быть уверенным в результативности вмешательства

Психолог занимается профессиональной деятельностью только в границах своей компетентности, которая определяется образованием, формами повышения квалификации и соответствующим профессиональным опытом. Психолог может взяться за выполнение только такой работы, которая дает возможность соблюдения вышеперечисленных критериев.

В чрезвычайных ситуациях, когда необходимо оказать срочную психологическую помощь клиенту, для которого не доступна другая служба помощи, психолог может оказать данную помощь. Психолог обязан осознавать свою ответственность в данной ситуации и в своих действиях руководствоваться исключительно интересами клиента.

**г)** достигнута поставленная цель при консультировании и/или формируется психологическая зависимость

Психолог должен стремиться к завершению вмешательства и не продлевать его методами сокрытия информации или обмана как в случае достижения поставленной цели, так и в случае невозможности ее достижения после применения доступных методов и средств на протяжении достаточного времени.

В случае, когда психолог уверен, что дальнейшая работа с клиентом не приносит результата, а лишь усиливает психологическую зависимость от консультаций и наносит вред, вмешательство необходимо прекратить и/или передать альтернативному источнику помощи, при этом облегчая передачу и непрерывность лечения через сотрудничество с другими профессионалами.

# 14. University Services

## Library and other research-oriented resources:

AUCA library provides access to hard-copy and electronic resources, and is very responsive to the requests of students and faculty.

Library webpage: <a href="https://library.auca.kg/">https://library.auca.kg/</a>

Electronic databases available for psychology students: PsycARTICLES (searchable from library page).

MAPAP provides students with exclusive access to a larger number of psychology electronic databases. Please approach Program staff for access.

## **Student research funding:**

SILC (Student Intellectual Life Committee) offers some funds for graduate research based on the number of applicants, monthly.

SILC application page: <a href="https://auca.kg/en/silc/">https://auca.kg/en/silc/</a>

Funding from MAPAP. The Program provides funds for student research on request. Please approach program coordinator for more information.

## **Academic Advising:**

Advising Office webpage: <a href="https://auca.kg/en/academic\_advising/">https://auca.kg/en/academic\_advising/</a>

Room 341.

## **Shared Services Center:**

Staff of Shared Services office can help with routine documents processing, such as submission of late registration forms, application for Academic or Medical Leave, application for grade of W, getting your parking space etc.

SSC webpage: <a href="https://ssc.auca.kg/">https://ssc.auca.kg/</a>

Room: 200

## **Counseling Services on campus:**

AUCA provides students with free confidential counseling services.

Counseling Services page: <a href="https://cs.auca.kg/">https://cs.auca.kg/</a>

Room 416.

## Help with writing, English or statistics on campus:

You can get support of a tutor while working on your course papers or statistics assignments.

Writing and Academic Resources Center provides offers such services.

WARC webpage: <a href="https://auca.kg/en/writing\_and\_academic\_resource\_center/">https://auca.kg/en/writing\_and\_academic\_resource\_center/</a>

## **Ethics in Research. Institutional Review Board:**

Institutional Review Board (IRB) is the structure that regulates all the research activities on campus from the position of ethics in research. IRB webpage: <a href="https://irb.auca.kg/">https://irb.auca.kg/</a>

E-course page with IRB resources: <a href="https://e-course.auca.kg/course/search.php?search=irb">https://e-course.auca.kg/course/search.php?search=irb</a>

## **Appendices and Forms**

#### 1. MAPAP Study Plan general template:

**Total:** 120 credits **General requirements:** 

First year				
Fall Semester	Spring Semester			
ANTH/PSY/SOC/CAS 542: Graduate Writing	PSY 601: Behavioral statistics			
thinking and learning	PSY 502: Biological bases of behavior			
PSY 603: Research methods in applied	PSY 511: Research and writing colloquium I			
psychology	PSY 625: Abnormal psychology			
PSY 503: Contemporary theories of personality	PSY 600: Research team (0 credits)			
PSY 615: Contemporary theories of counseling I				
PSY 600: Research team (6 credits)	Electives 6 credits			
Total: 30 credits	Total: 30 credits			
Second year				
PSY 610: Internship colloquium I (6 cr)	PSY 611: Assessment in psychology			
PSY 512: Research and writing colloquium part	PSY 686: Master Thesis Writing			
II				
	PSY 540: Advanced Qualitative Methods			
Electives 6 credits	MAPAP 625: Group psychotherapy			
Electives 6 cr outside of the program (see list of	Master Thesis Defense (12 credits)			
electives from other programs)	Internship - (12 cr)			
Total: 24 credits	Total: 36 credits			

#### **Concentration requirements: Counseling psychology (12 credits to declare a track)**

Fall Semester	Spring Semester
MAPAP-645: Contemporary Theories of	MAPAP 625: Group psychotherapy
Counseling II	PSY 606: Family therapy (1 in 2 years)
	PSY 627: Cultural diversity and ethics in
	counseling

### Concentration requirements: Child and adolescent counseling (12 credits to declare a track)

Fall Semester	Spring Semester
MAPAP 670: Applied Behavioral Analysis for	PSY 606: Family therapy (every 2 years)
Diverse Settings PSY 615: Child and adolescent	PSY 627: Cultural diversity and ethics in
counseling (every 2 years)	counseling
MAPAP 540: Educational psychology and	-
school-based interventions (every 2 years)	

#### **Concentration requirements: Research (18 credits to declare a track)**

	,
Fall Semester	Spring Semester
PSY 600: Research team (0 credits)	PSY 600: Research team (0 credits)
ANTH/PSY/SOC 530: Qualitative methods in psychology	PSY 600: Research team (6 credits)
PSY/JMC/SOC 505: Crafting discourse analysis	
PSY 600: Research team (6 credits)	

#### 2. Dissertation title page formatting template.

Runnning Head: THE ROLE OF GOOD GRADES IN STUDENT'S WELL-BEING

The Role of Good Grades in Student Well-Being

A Master Dissertation Presented

by

STUDENT S. STUDENT

Submitted to the Department of Psychology

American University of Central Asia
in partial fulfillment of the requirements for the degree of

MASTER OF ARTS

May 2025

Master of Arts Program in Applied Psychology

### THE ROLE OF GOOD GRADES IN STUDENT'S WELL-BEING

#### Abstract

This study examined the role of getting good grades by student of psychology department as a factor pertaining to their well-being. Forty students participated in this study...

Keywords: students, academic standing, well-being

#### 3. External Reviewer Evaluation Form.

#### American University of Central Asia Master of Arts Program in Applied Psychology EXTERNAL REVIEWER GRADE REPORT Date \_\_.05.20\_\_

The Reviewer Name and Title:		
Master Student Name:		
Master Dissertation Topic:		
Please, assess the Master Dissertation paper	per based on the following criteria:	
Criteri	a	Percentage
Topic: novelty and conceptuali	ization, research problem	15%
Structure: focus, relevance, cohere	nce, research design and logic	15%
Analysis: depth, argumentation and development of discussion		20%
Research: execution, consistency of interpretation		20%
Bibliography and ability to in-	corporate <b>research data</b>	20%
Language competencies: writing expre grammar, spelling,		10%
Dargant grada		

A	96-100%	B-	76-80%	D+	56-60%
A-	91-95%	C+	71-75%	D	51-55%
B+	86-90%	С	66-70%	D-	46-50%
В	81-85%	C-	61-65%	F	0-45%

Please, write a review of the Dissertation paper on a separate page, using the criteria above.

#### **Internship Contract** 4.

### American University of Central Asia – Master of Arts in Applied Psychology Program

Internship Field Placement Contract for: Fall	Spring
The following Master-level student:	
Name	
Phone	Email
Is placed as a psychology trainee at:	
Site's phone	
Site address:	
The internship placement will consist of hou	rs per week during the year(s) of
The placement will begin on	and will end on
Vacation time will be:	
This is paid/unpaid internship (choose one that app	blies).
The intern will have experience in the following an	reas upon completion of the internship (please
specify populations served and exact services prov	ided):
The student must be on-site for the following time	s:
The student's primary supervisor is	
Degree/specialty	
Additional supervisors (please list names, specialti	es/degrees, and hours of supervision):
The primary field supervisor agrees to:	
1. Provide hours of supervisor per week.	
2. Oversee hours of additional supervisio	1 '1 '
3 Provide the appropriate work load to the st	udent

- Provide the appropriate work load to the student.
- 4. Oversee that appropriate didactic training is provided to the student.
- Provide supervision that takes into consideration that student's training objectives in the Program (the student will provide his/her transcripts, coursework and career goals) as well as student's individual learning goals, which are the following:

- Be available to discuss the student's progress at Internship site with the Program's Director of Training or internal faculty supervisor either by phone or in person.

  7. Complete written evaluation of the student's progress in training using the evaluation forms
- provided by the Program.
- Please include any other contractual agreements between supervisor and supervisee: 8.

Primary field supervisor	Date
Faculty supervisor	Date
Student	
	Date

## 5. Internship hours tracking sheet. Please use one for each place of internship:

### **Total hours of internship**

### **MAPAP**

Student name	
Track_	
Semester	
Internship site	
Dates of internship	<del></del>
Activities	Hours
	hours
Ex.: (individual counseling sessions)	
Ex.: (participating in interviews with	
employees)	
Ex.: (co-leading a training for staff)	
Ex.: (leading a group)	
Etc.	
(add cells if needed)	
Indirect hour	rs
Ex.: (individual supervision)	
Ex.: (group supervision, including Colloquium	
class)	
Ex.: (participation in meetings at the internship	
site)	
Ex.: (preparation for sessions)	
Etc.	
(add cells in needed)	
~	
Student signature	date
F-41	1
External supervisor signature	date

Stamp (if relevant)

### 6. **Dissertation defense attendance form.**

### Dissertation defense attendance form

Student name
Track
Dissertation attendance date
Candidate's name
Dissertation title
Signature of the candidate
Signature of the dissertation supervisor
515 nature of the dissertation supervisor

7. (Optional) **Internship site evaluation form** – **for student**. Please fill this out in case you would like to let us know of your experience with your external supervisor at your internship site. We would appreciate your feedback.

	S	Site and Su	pervision	Experience Evaluation Form – Student
Name of				Semester
Practicum	n Site			
Drimary 9	Supervicos	•		
1 Illiai y k	super visor			
		ee A – Ag RVISION.	ree N – Ne	utral D – Disagree SD – Strongly Disagree
			ablished a c	omfortable working rapport with one another.
SA	A	N	D	SD
				to open communication and productive use of supervision
time.	on creates	, a chimate	conductive	to open communication and productive use of supervision
SA	A	N	D	SD
				me and arrives on time.
SA	A	N	D	SD
				n 1 hour of one-on-one supervision each week.
inj supul	,1301 p10	1000 1110 01		and the supervision such wood.
SA	A	N	D	SD
My super	visor prov	vides appro	opriate info	rmation and teaching to clinical work and
	nal develo		Ι	8
SA	A	N	D	SD
	visor has	been acces		between appointments to assist on more urgent
concerns.				
SA	A	N	D	SD
My super	visor give	es clear fee	dback abou	at my competencies and skills.
SĂ	Α	N	D	SD
My super	visor exp	lains his/he	er criteria fa	airly in evaluating me.
SĂ	Α	N	D	SD
My super	visor has	urged my	adherence t	o high ethical standards.
SĂ	A	N	D	SD
My super	visor mod	lels specifi	c assessme	nt and/or treatment procedures for me.
SÅ	A	N	D	SD
My super	visor enco	ourages me	e to consult	the conceptual and empirical literature for empirically
valid pro	cedures.	•		
SA	A	N	D	SD
My super	visor sas	shared the	theoretical	and technical knowledge regarding assessment relevant to
patients'	needs and	problems.		
SA	A	N	D	SD
My super	visor has	shared the	theoretical	and technical knowledge regarding treatment interventions
relevant t	o patients	' needs and	l problems.	
SA	Ā	N	D	SD
My super	visor has	shared the	theoretical	and technical knowledge regarding case conceptualization
			l problems.	
SA	Ā	N	D	SD
My super	visor has	shared kno	wledge reg	garding community resources available to assist patients, or

to facilitate appropriate referrals.

#### **Domain II: SITE INFORMATION**

Site has	a consi	istent philos	sophy, theo	oretical orien	tation and plan to guide its treatment, practices
and asse	ssment	-			-
SA	A	N	D	SD	
Site pro	vides a	n adequate	forum for o	discussing in	tervention issues
SA	A	N	D	SD	
The prac	ctices, s	services, an	d professio	onals at the s	ite follow ethical guidelines
SA	A	N	D	SD	
Work ex	pected	of students	is approp	riate	
SA	A	N	D	SD	
Students	s are tre	eated with r	espect and	in a professi	onal manner
SA	A	N	D	SD	
The site	provid	es avenues	for profess	sional develo	pment (e.g., workshops,
training)	)		_		
SA	A	N	D	SD	
The site	provid	es group su	pervision t	to students	

Please attach a brief narrative evaluation of your training site and your experience in supervision below. Include the specific knowledge and skills you acquired at this training site for the reporting period.

Please attach the hours tracking sheet to this evaluation before submitting.

#### 8. Internship contract in Russian.

#### Контракт между супервайзером и студентом

#### **AUCA - MAPAP**

# Американский Университет Центральной Азии – Магистратура в Прикладной Психологии

Контракт на супервизию в течении:	Осенний семестр	Весенний семестр
Следующий студент-магистрант:	-	-
Имя	Год	
обучения		
Тел	Email	
Направлен для прохождения практики		
Тел учреждения		
Адрес:		
Практика будет включать в себя ч года: ч	насов в неделю в течени	и следующего
ата начала Дата окончания:		
Даты отпуска:		
Это оплачиваемая/неоплачиваемая пра		
Данный студент будем иметь следующ	ие конкретные знания и	и навыки по истечении
практики (пожалуйста, укажите конкре	етные характеристики к.	лиентов):
Студент обязан находится на рабочем	месте в течении следую	щих дней недели и часов:
Основной супервайзер, ответственный	за обучение и оценку с	гудента:
Академическая степень и специальнос	ть супервайзера	
Дополнительный супервайзеры (Укажи супервизии):	ите имена, степени и час	сы предоставления
Основной супервайзер обязуется:		
1. Предоставлять полных непр	рерывных часов суперви	зии в неделю.
2. Предоставить дополнитель	ных часов супервизии ч	ерез других супервайзеров
данного учреждения.		

- 3. Предоставлять достаточное разумное количества работы для студента.
- 4. Организовать прочес предоставления инструкций и необходимого обучения посвященного специфике работы в данном учреждении.
- 5. Предоставлять супервизию, в течении которой принимались бы во внимание требования программы обучения, а также следующие цели данного студента (студент должен указать как минимум две конкретные цели):

или внутренним супервайзером студента лично или по телефону. 7. Заполнять формы оценки прогресса студента по просьбе программы обучения. 8. Далее обе сторона могут включить дополнительные требования к студенту или супервайзеру:		
Основной внешний супервайзер	Дата	
Внутренний супервайзер	Дата	
Студент	Дата	

Быть готовым обсуждать прогресс студента на практике в руководством программы

6.

### Form 2. Internship hours log in Russian.

### Пройденные часы практики

### Магистратура в Прикладной Психологии

### Американский Университет в Центральной Азии

Имя студента	
Специализация внутри программы (трэк)	·
Семестр	
Название организации	
Дата заполнения	
Род деятельности	Часы практики
Часы непосредственной работы	с клиентами (персоналом, и т.д.)
(добавьте ячейки при необходимости)	
Часы посвященные другим видам деятель	ности (супервизия, заполнение
документов и т	
(добавьте ячейки при необходимости)	
(	
Подпись студента	Дата
Подпись внешнего руководителя практики	Дата
Печать организации (при наличии)	

## 9. **Graduate Assistantship Agreement.**

### Master of Arts Program in Applied Psychology Graduate Assistantship Agreement

By signing of this agreement	
	Student's name
(hereinafter referred to as the Student)	undertakes the duties of
	full-time, half-time, quarter-time
Graduate Assistant stipulated in Graduat	te Assistantship Policy of Master of Arts Program in Applied
Psychology Handbook (MAPAP) during	g the period of academic year.
	posed to complete the designated amount of work a week or the assigned faculty, and report to the Program
Upon signing this Agreement, you agree Assistantship Policy of MAPAP.	e with the requirements described in the Graduate
Student	Date
Program coordinator	Date