

## **What can I do with my degree in Psychology?**

Psychologist – is a specialist in the field of psychology that studies mental state and the laws of human evolution, its behavior and use this knowledge to assist in resolving all sorts of psychological and everyday problems of human adaptation to the world, improve the psychological environment of man at home and at work. Studying psychology gives you a broad range of skills that span both science and the arts and opens up opportunities with a wide variety of employers.

### **Job options**

Therapist in ABA center

Clinical psychologist

Counselling psychologist

Educational psychologist

Forensic psychologist

Further education lecturer

Occupational psychologist

Sport and exercise psychologist

Advertising account planner

Advice worker

Careers adviser

Counsellor

Human resources officer

Market researcher

Psychotherapist

## **Work Experience**

Postgraduate training and study is a requirement to become a chartered psychologist. Due to course entry requirements, many psychology graduates spend a year or more getting work experience before embarking on postgraduate study. You will usually need to work on a voluntary basis first to get enough experience to apply for a paid job.

The type of experience needed depends on the area of psychology you're interested in. Work as an assistant psychologist or in areas such as nursing, social work, mental health work, services for individuals with disabilities, mentoring young offenders and work in prisons, probation or social services is vital.

Experience as a research assistant is also relevant.

For educational psychology, experience of working with children in educational, childcare, or community settings is required. Although not essential, experience as a teacher is useful.

Experience in personnel/human resources and business/management is needed for those interested in occupational psychology.

Many psychology graduates choose to enter other career areas. Again, work or voluntary experience in your chosen field is important. This can include part-time work during your degree, summer placements and internships, as well as voluntary work and work shadowing.

## **Typical employers**

Although some psychology graduates become professional psychologists, many others go on work in related fields.

A degree in psychology provides a useful foundation for a wide range of careers and employers.

Major employers of psychology graduates include:

- The National Health Service
- Local and national government
- Schools, universities
- Social services
- Human resources departments;
- The media
- Marketing companies
- Financial organisations
- Commercial and industrial companies.

Companies in Kyrgyzstan:

- ❖ 3AO "Demir Kyrgyz International Bank"
- ❖ Save the Children International
- ❖ U.S. Embassy in Bishkek

- ❖ Companion
- ❖ OcOO ArmaMediaGroup
- ❖ El Group Consulting
- ❖ American University of Central Asia
- ❖ Beeline
- ❖ UNDP in Kyrgyz Republic
- ❖ 3AO "Coca Cola Bishkek Bottlers"
- ❖ UNICEF
- ❖ OHCHR in Kyrgyzstan
- ❖ Bishkek Center of ABA and Autism “Hand in Hand”
- ❖ National Center of Mental Health

### **What skills you need for your CV**

Transferable skills include:

- ✓ written and verbal communication, including report writing and presentation;
- ✓ information technology;
- ✓ handling of data/statistics;
- ✓ analytical research;
- ✓ problem solving;
- ✓ the ability to work in teams.

The scientific aspects of your psychology course, including the application of a reasoned approach, problem solving and manipulation of data, provide useful tools for careers in healthcare, law enforcement, finance, IT and research.

Your knowledge of human behaviour and motivation, ability to critically analyse a problem, formulate a considered response, create an argument and generate new ideas lend themselves well to careers in the creative industries, the legal sector, government administration and education.

### **Further Study**

- ✓ Kalikova & Associates Scholarship
- ✓ Winter Internshio in CAFMI
- ✓ OSCE Academy Scholarship for Master of Arts Programmes in Kyrgyzstan
- ✓ MA in Central Asian Studies/Psychology at the American University of Central Asia, Kyrgyzstan
- ✓ Dorothy Marchus Senesh Fellowship for Women from Developing Countries in USA
- ✓ Ural Federal University Exchange Grants in Advertising and Public Relations, Russia
- ✓ Full scholarships in the American University in Bulgaria (AUBG) for Eastern Europe and Central Asia
- ✓ ISS Scholarships for International Students at University of Oslo in Norway
- ✓ Sadako Ogata Masters Scholarship at University of London in UK
- ✓ Utrecht Excellence Scholarships for International Students in Netherlands
- ✓ MA Programmes on DAAD Scholarship