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Erasmus+

ASEL SHAMYRKANOVA

born on 05/09/2002

participated in the Youth Exchange

NEETCONNECT: NETWORKING FOR FUTURE OPPORTUNITIES

in Murzasichle, Poland

from 10/06/2024 to 20/06/2024

About the project

"NEETconnect" is a youth exchange aimed at the holistic development of young people who are eager to improve themselves and become more self-aware. The program creates an environment that encourages participants to explore their potential, discover new interests, and acquire essential skills that are crucial in today's job market.

This certificate has been issued by Furora Foundation.



NATALIA BRODZIK
CEO of Furora FOUNDATION

Electronically signed on 08/07/2024 19:21 by Natalia Brodzik

Youthpass is a Europe-wide validation system for non-formal and informal learning within the European Union youth programmes.

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Youthpass

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LEARNING CONTEXT

Youth Exchanges supported by the Erasmus+ programme offer groups of young people from different countries an opportunity to jointly design, prepare and carry out a non-formal learning programme on a topic of their interest. This usually involves a mix of workshops, debates, role-plays, simulations and outdoor activities. The learning process, which is supported by youth workers and leaders, includes the preparation, implementation and follow-up of the exchange.

COMPETENCES DEVELOPED BY ASEL SHAMYRKANOVA

The following summary is the result of a reflection and self-assessment process which took place during and after the project.

PERSONAL AND INTERPERSONAL DEVELOPMENT COMPETENCES

Participants have significantly boosted their self-awareness and personal development by understanding their emotions, strengths, weaknesses, and life goals, alongside acquiring stress management techniques. This growth has led to increased self-esteem and motivation through reflective engagement. Concurrently, their interpersonal skills have seen marked improvement, with enhanced communication abilities, including active listening and conflict resolution, and strengthened teamwork capacities. These advancements foster collaboration and empathy, allowing for effective group work and integration of diverse perspectives.

CULTURAL COMPETENCES

Participants have significantly improved their foreign language skills, achieving enhanced communication, comprehension, and writing abilities. This advancement not only facilitates their engagement in meaningful cross-cultural exchanges but also contributes to a more inclusive and understanding international community. Moreover, they have gained valuable insights into various cultural traditions, values, and perspectives, fostering tolerance and adaptability. This knowledge has empowered them to effectively navigate and cooperate within multicultural settings, promoting mutual respect among individuals from diverse backgrounds.

DIGITAL PROFICIENCY AND PROFESSIONAL GROWTH

This project acknowledges the acquisition of essential digital and practical skills crucial for modern work environments, including mastery in digital collaboration and communication tools. Participants also received improvements in key soft skills - leadership, creativity and initiative - crucial for competitiveness in the labour market. Participants have gained a comprehensive understanding of labor market dynamics, preparing them to successfully navigate and adapt to professional challenges and opportunities.

Asel Shamyrganova

Murzasichle, Poland, 20/06/2024

The competence description in Youthpass is based on the European Union framework for Key Competences for Lifelong Learning:
<https://education.ec.europa.eu/focus-topics/improving-quality-equity/key-competences-lifelong-learning>